SURFACE MODIFICATION OF HYDROXYAPATITE DEPOSITION
ONTO TITANIUM NANOTUBES FOR BIOMEDICAL APPLICATIONS

by

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A thesis submitted to the faculty of
The University of Utah
in partial fulfillment of the requirements for the degree of

Master of Science

Department of Metallurgical Engineering
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December 2013
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ABSTRACT

Ti and Ti alloys have been successfully used as orthopedic and dental implants. Various types of surface modification methods have been investigated to further improve the bioactivity of titanium. Growth of the hydroxyapatite onto nanotubular titania was done by pulsed electrodeposition. The purpose of this study is to improve this surface by annealing the amorphous nanotubes to the anatase which is more efficient in nucleation and growth of apatite due to their crystal lattice match. Prior to the electrodeposition, the anodized nanotubes were heat-treated at 350 °C for 2 hours, and then they were electrodeposited in simulated body fluid. It is shown that heat treatment of nanotubular TiO$_2$ could give us the better cohesion and bioactivity.
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ACKNOWLEDGEMENTS

I would like to express my sincere gratitude to my advisor, Prof. Manoranjan Misra. His depth of knowledge and logical way of thinking have been of great value to me and his guidance has provided a good basis for the present thesis. I wish to thank him for his expert guidance, generous support and all his patience with me throughout my project.

I am deeply grateful to my committee members, Prof. Raj Rajamani and Dr. Swomitra Mohanty, for their very useful comments and suggestions, spending time on my thesis and helping me to complete my thesis.

I owe my most sincere gratitude to Dr. Biblap Sarma, Dr. Monalisa Panda and York Smith in the nanomaterials synthesis laboratory. Their advice and extensive discussions around my work have been very helpful for this study.

My warm thanks are given to Dr. Krista Carlson for helping me in SEM imaging and the EDAX analysis.

I wish to extend my warmest thanks to all in the Metallurgical and Materials Science Engineering department who have helped me with my work.

I owe my loving thanks to my husband, parents and my little sister. Without their encouragement and understanding it would have been impossible for me to finish this work.
CHAPTER 1

INTRODUCTION

1.1 Background

The vast numbers of people suffering from different bone diseases or natural bone degeneration for reasons such as trauma, congenital defect or aging need to have a bone replacement procedure to renew diseased or fractured bone. Consequently, a large number of bone implant surgeries are performed every year: 2.2 million bone implants worldwide and 450,000 bone replacements in the United State are the current estimates for this kind of operation [1].

Current bone replacement procedures include autografting, allografting and synthetic materials. In general, autografts and allografts have good osteoconductivity to promote bone growth factors. However, that is a limited supply from a patient for autograft or from a suitable donor for an allograft. Specifically, autografting has surgical costs such as infection and pain at the harvesting site and allografting may have immune system problems, the absence of viable cells for osteoblast function or transmission of diseases [2]. Consequently, use of artificial material is growing as an alternative for bone replacement. It should withstand stress and strain and have an osteoconductive surface behavior.

The ideal biomaterial must meet all of the required criteria which are dependent upon the application. Bone implants need to have strong mechanical properties because most orthopedic replacements are used in load-bearing situations such as total hip replacement or dental implants. In addition to providing mechanical strength, the biomaterials must also be nontoxic and compatible to cells and living tissues. Specifically, orthopedic
replacements should be osteoconductive which can help the attachment and growth of bone cells and newly formed bone [3].

Metals such as stainless steel, cobalt-chrome alloys, and titanium and its alloys are used to manufacture dental implants and joint replacements. Although these metals provide the most suitable mechanical properties for their orthopedic function, most of them are bioinert and have no chemical connection to the living cells. To solve this problem, various coatings can be used on the surface to encourage bone growth and improve bonding between implant and natural bone [3].

Titanium and alloys are preferred over other metals because of their corrosion resistance in the body and relative high strength and fatigue properties for use as load-bearing orthopedic implants. Moreover, they are considered as biocompatible metals that also have physiological stability [4, 5].

1.2 Ti as an orthopedic implant material

Titanium and titanium alloys are frequently used in orthopedic implants because of their favorable properties such as high strength, toughness, durability, low density, corrosion resistance and biological compatibility. The excellent biocompatibility is achieved by a dense and passive TiO2 layer that is formed by anodization in the human body fluid. These cause Ti alloy implants to last longer than those made of other materials. The drawback of titanium materials is their bioinert properties which results in no chemical connection to the bone and a lack of bioactive surface to induce bone growth [5, 6].

Present orthopedic bone implants have a limited life-time, up to 10-15 years. Bone implant failure occurs due to a variety of reasons such as inflammation and poor osseointegration. Large amounts of tiny particles are produced because of friction or corrosion resulting in inflammation that leads to loosening of the implant. Another reason for implant failure is poor bonding of the implant to the living bone cells. Cracking of the coating could happen due to stresses at the interface. To improve bioactivity to titanium metal, enhance bone growth and increase interfacial bond strength, surface treatment such as mineral coatings methods have been carried out [5, 7].
1.3 Calcium phosphate coatings

Surface modification is necessary to add biofunctionality to metals. Surface modification is a process that changes material surfaces properties such as composition, structure and morphology, while the mechanical and physical properties of the bulk remain intact [8].

Calcium phosphate (CaP) coatings are the most popular technique to improve bone-implant adhesion and increase biocompatibility. The most common CaP chemical structures are hydroxyapatite (HA), apatite (AP), octacalcium phosphate (OCP) and tricalcium phosphate (TCP). Based on their chemical composition, they have different Ca/P ratio [3, 9]. There are some characteristics to consider in regards to coating appropriateness and quality when producing mineral coating. They include: crystallinity, chemical purity, surface properties, thickness, adhesion strength and mechanical properties. In general, crystalline coating is less soluble than the amorphous structure within the physiological environment. High content of amorphous phase degrades too quickly which leads to rapid weakening and disintegration of the coating. However, some researchers suggest that amorphous coating may have better physiological activity due to its higher reprecipitation which induces bone growth more quickly [3, 9].

1.4 Use of HA for bone repair

Biomaterials have been intensely researched in recent decades due to their use as a replacement device or different body parts and organs. They can be used as a diagnostic device, or a substitute for a tissue or an organ, or a functional replacement device. Another class of material used as a bone tissue for implants includes calcium phosphate, especially hydroxyapatite (HA). Due to its excellent biocompatibility and corrosion resistance and bioactivity, HA (Ca$_{10}$ (PO$_4$)$_6$ OH$_2$) is considered one of the most promising bioceramic materials [10].

One of the most important clinical applications of HA is represented by layers deposited on metal substrates. These deposits have a series of essential functions. First of all, they permit stable fixation of the implant in human bone and reduce the adverse reactions. This is because of the fact that it feeds the bone tissue with a biocompatible
substance. Also, the films of HAP reduce the diffusion of metallic ions from the implant, towards the biological tissue and protect the metallic surface from the aggressive attack of the environment [11].

Bone is composed of parallel collagen fibers with deposited calcium phosphate to provide appropriate hardness. The inorganic component of the bone, which is mainly calcium phosphate (CaP) has a similar chemical composition to hydroxyapatite (HA).

HA is the most stable phase in a physiological environment and has the slowest solubility in the human body (pH=7), [12]. The brittle nature of HA makes it unsuitable for use in load-bearing orthopedic applications. Therefore, by coating metallic implants with HA, it is possible to combine the mechanical properties of the metal with the bioactive behavior of the mineral.

Electrodeposition is an attractive method for applying crystalline phosphate coating on metallic substrate. This technique is used for fabricating pure and fine-grained HA coating suitable for medical applications.

1.5 Methods for coating Ti with HA

Mineral coating can be deposited onto substrate by different methods. It is possible to change the processing parameters of each method to achieve the desirable final coating. Many techniques have been used to deposit HA onto titanium surface such as plasma spraying, ion beam sputtering, sol-gel deposition, biomimetic deposition, high velocity oxygen fuel (HVOF) spraying, pulsed laser deposition electrophoretic deposition and electrochemical deposition. Among these methods, plasma spraying is the most popular method for coating titanium implant surfaces. However, it has a decomposition issue with HA due to high temperature and nonuniform HA coating on implants with complex shapes [13].

Electrochemical deposition of hydroxyapatite (HA) is an attractive process because of its unique advantages. By this method, coating irregular shapes can be done at a relatively low temperature. In addition, thickness, chemical composition and morphology of coating can be controlled by varying the electrodeposition conditions like electrochemical potential, current density, electrolyte concentration and temperature [14].
Compared with plasma spraying, electrochemical deposition is a technique capable of forming a uniform coating and ease of operation. Moreover, this process can be run at room temperature and the morphology of the coating can be controlled easily by changing the electrolyte concentration and electrochemical potential. At very low concentration of calcium and phosphate ions (simulated body fluid) and at pH values comparable with the biological pH, nanophase HA can be deposited on the substrate. This level of supersaturation may be in the range which exists in vivo at the site of calcification [15]. This may explain the low rate of crystal growth and formation of nanosized crystals under these conditions.

There are several different techniques for producing mineral coating; each of them has its advantages and disadvantages. Some of the main methods used for coating HA and their characteristics are provided in Table 1.

HA coating on Ti surface by electrodeposition continues to be a method investigated and favored by many research groups. Precipitation of calcium phosphate on titanium substrate occurs through a nucleation and growth mechanism. A simplified schematic diagram of an approach that was done by A. Kar at the University of Nevada, Reno is shown in Figure 1.

This presented method produces crystalline HA onto nanoporous titanium is suitable for bone cell attachment and proliferation. This process is carried out at a low temperature (80°C) relative to other methods which rules out the possibility for the formation of different phases of calcium phosphate. This temperature leads to have crystalline structure that the heat treatment after deposition can be negligible. In addition, it is relatively inexpensive compared to other process of HA such as plasma spray and sputter coating and needs fewer prices for its operation. The other advantage is the easy operation for this method. The set up for this experience is simple and less complicated devices.

The purpose of this research is to study the microstructural features and the effect of vertically aligned TiO2 nanotubes and associated nanostructures on the formation of hydroxyapatite. This will increase the bond strength and bioactivity of the deposited calcium phosphate layer by formation of anatase phase TiO2 which enhances the hydroxyapatite coating.
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<th>Thickness</th>
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<td>30-200 µm</td>
<td>Amorphous and nonuniform HA phases; relatively rough surfaces; poor adhesion</td>
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<td>Electrodeposition</td>
<td>≤ 5 µm</td>
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</table>
1.6 Methods for titanium nanotube formation

Titanium oxide nanotubes can be made by different techniques such as the sol-gel method, [18], electrophoretic deposition, [19], and anodization, [20]. For implant applications the adhesion of the TiO2 layer has a significant role in attaining better mechanical integrity. Anodization is preferred to the other methods because of its stronger adherent titanium nanotubes than the other two approaches [2].

The diameter, length and wall thickness of the nanotubes on Ti material is significantly influenced by anodizing conditions such as voltage, current density and anodizing time. The TiO2 nanotube on Ti material is expected to increase osteoconductivity for two reasons. Firstly, the tubular structure provides essential physiological fluid to enhance osteoblasts function and secondly, TiO2 nanotubes increase surface area compared to a flat TiO2 surface and because of that, the HA nucleation and growth can strongly accelerate [21].

1.7 Pulse electrodeposition (PED)

In pulse electrodeposition, the potential or current is changed continuously between two different values. As a result, we have a series of pulses of equal amplitude, time...
period and polarity. Figure 2 shows a typical pulse-current waveform. It is shown that each pulse contains an ON-time (T\textsubscript{ON}) that is the time for applying positive potential or current, and an OFF-time (T\textsubscript{OFF}) that is the time for applying negative potential or current. By this technique, we can control the deposited film composition and thickness by managing the pulse amplitude and width. The major advantage of using this method is the finer grained deposited layer which has better properties than conventional coating methods [22].

1.7.1 Advantages of pulse technique

Generally, in electroplating techniques, around the cathode we have formation of a negatively charged layer as the process continues. When we use direct current, this layer is an obstacle for the ions in reaching the surface. In PED, the output is periodically turned off to allow ions to pass through and deposit on the surface during discharge OFF-time.

Secondly, the current density is not distributed evenly in the bath. During OFF-time, ions migrate to the low current density areas and after applying positive current (during ON-time) deposit more evenly on the surface.

Thirdly, in PED, by modifying the pulse parameters we can obtain the desired composition, structure, porosity and hydrogen content of the deposited layer. In addition, in this method we can enhance the bath stability and efficiency by reducing the additive requirement [22].

![Figure 2. Typical pulse-current or potential waveform.](image-url)
CHAPTER 2

RESEARCH OBJECTIVES

The objective of this research is to work toward developing a modification for HA coating on titanium nanotubes by annealing anodized samples in order to make anatase phase of TiO$_2$. Amorphous coating cannot nucleate apatite easily and requires crystallization heat treatments for inducing HA formation. It is well established that anatase phase enhance nucleation and growth of hydroxyapatite (HA) due to crystal lattice match. The HA coating method should produce crystalline and uniform HA coating with higher interfacial bond strength and better bioactivity. This modification is predicted to decrease the failure rate of HA coated onto Ti implants.

The aim of this work is to study the chemical composition and morphology of Titanium nanotubes, followed by the electrodeposition of calcium and phosphorous compounds. Chemical and mechanical surface pretreatment were designed to ensure good adhesion of the coating.

The research aims to:
1. Prepare titanium nanotubes on Ti samples by anodization
2. Do heat treatment of nanoporous TiO$_2$ to change amorphous structure to anatae crystalline structure at 350°C under oxidizing conditions in air for 2 hours
3. Do alkaline treatment of nanoporous TiO$_2$ to increase the pH inside the nanotubes and thus provide a site for nucleation of HA
4. Pulse electrodeposit HA onto titanium nanotubes to ensure that the needle like HA grows from the bottom of the nanopores
CHAPTER 3

EXPERIMENTAL PROCEDURE

The coating process involves two steps: At first, anodization of Ti to form nanotubes and second, and deposition of hydroxyapatite.

3.1 Formation of nanoporourous TiO$_2$ layer on Ti substrate

The anodization process was conducted as follows. Commercial pure titanium (ESPI metals, Ashland, Regan, USA) was used as substrate. The titanium sheet was cut into samples. The samples were polished with a grit emery paper, washed with distilled water (DI) and ethanol, and dried. Firstly, titanium substrates were cleaned by DI water and after that sonicated for about 10 minutes in isopropyl alcohol by ultrasonic device. The anodization solution was prepared by dissolving various combinations of phosphoric acid and fluoride dissolved in deionized water. The electrolyte used in this study contained 0.5 M H$_3$PO$_4$ +0.12 M NaF and its pH value was adjusted to 2 at room temperature.

A direct current power source (Model E3641A, Aglient Technologies, Palo Alto, USA) was set at a constant potential of 20 V for 45 minutes. The Ti substrate was connected to the positive terminal of the power source, and a 7.5 cm$^2$ platinum foil was connected to the negative terminal. The distance between anode and cathode was maintained at about 4 cm (Figure 3). During the treatment, the electrolyte was stirred to maintain the homogeneity of the temperature and composition. After anodic oxidation, the sample was rinsed with distilled water and dried by dryer.
3.2 Heat treatment to crystallize titanium nanotubes

Annealing heat treatment is believed to change the amorphous structure of anodized titanium to crystalline structure of TiO$_2$ (anatase and rutile phase). Therefore, as-prepared TiO$_2$ nanotubes were heat treated under oxidizing condition in order to have an anatase structure on the surface. The samples were annealed at 350°C for 2 hours in air with a ramping speed of 1 °C/min and cooled back to room temperature within the furnace.

3.3 Alkaline treatment of anodized samples

When the electrodeposition of HA onto the Ti substrate was carried out immediately after anodization without any postanodization surface treatment, the resulting HA coating was not uniform and showed low interfacial strength. Surface pretreatment of the titanium samples in a high pH solution was found to improve HA deposition and bond strength. The optimized condition for postanodization alkaline treatment is obtained at 50°C for 2 minutes in 0.5 M NaOH solution [20]. Anodized titanium samples were treated with de-ionized water and then 0.5 M NaOH solution. After these pretreatments, the samples were introduced into an electrolyte solution for electrodeposited HA.
3.4 Electrodeposition of calcium phosphate coating onto nanoporous titanium

Anodized Ti samples that were either heat treated or that had not undergone the pretreatment were introduced into an electrolyte for electrodeposition of calcium phosphate coating. The electrolyte solution for deposition of HA was that reported by Ban and Marino and is called simulated body fluid [23]. The electrolyte consisted of 1.67 mM phosphate salt (K2HPO4), 2.5 mM calcium salt (CaCl2). Fifteen percent M NaCl was also added to improve the ionic strength of the electrolyte. The solution was stirred with magnetic stirrer at room temperature for 30 minutes. Its pH value was adjusted to about 7.

The deposition was carried out by applying cathodic current in two steps; first, pulsing the current density and in the second step, having constant current. Figure 4 shows the diagram for deposition and schematically illustrates the process for monitoring current versus time.

A typical electrochemical cell was used in this method with three electrodes dipped in solution: one reference electrode of calomel (Ag/AgCl) saturated with KCl, one counter electrode (platinum electrode) and one work electrode (anodized Ti sample). The deposition of HA was carried out at 80ºC to reach a crystallized structure. The device used for the experiment is potentiostat. The experiment setup is shown in Figure 5.

During the treatment, the electrolyte was stirred to maintain the homogeneity of the temperature and composition. Then coated titanium was rinsed with distilled water and dried in the oven.

3.5 Scanning electron microscopy (SEM), energy dispersive X-ray analysis (EDAX), X-ray diffraction (XRD)

SEM and EDAX analysis were done on samples by using a Hitachi S-4700 SEM. Imaging was done under high resolution mode and accelerating voltage was kept below 3 kV. The crystallinity of calcium phosphate coating was observed by XRD.
Figure 4. Schematic diagram illustrating the process for applying current versus time during deposition of HA for the first step.

Figure 5. Electrodeposition set-up, working electrode (WE), counter electrode (CE) and reference electrode (RE).
3.6 Evaluation of interfacial bond strength

The bond strength of the HA coating was evaluated by conducting tension testing as described in ASTM standard F 1147-99. A HA coated sample was glued to two mating surfaces by using 3M Scotch-weld 2214-NMF structural adhesive and cured at 121 °C for 2 hours. Tensile tests were done on a computer-controlled universal testing machine (Instron) at a speed of 0.1 mm/min. (Figure 6)

Another way to evaluate the bond strength is the Scotch tape test, which shows the adhesion between coating and substrate qualitatively. In this test, Scotch sealing tape is applied and removed rapidly from surface.

![Figure 6. Instron machine used for bond strength measurement.](image)
CHAPTER 4

RESULT AND DISCUSSION

4.1 Nanoporous TiO2 layer formation on the Ti substrate

The fabrication of vertically aligned TiO$_2$ nanotubes on Ti substrate was demonstrated by the anodization process. In general, the mechanism of TiO$_2$ nanotube formation in fluorine-ion based electrolytes is a result of two competing electric field-assisted processes: hydrolysis of Ti metal to form TiO$_2$ and chemical dissolution of oxide layer at the oxide/electrolyte interface [24]. The mechanism of nanotube formation by electrochemical anodization has three stages which generally explain the TiO$_2$ tubular growth (Figure 7) [25]:

1. Initial formation of an oxide barrier layer which results in decreasing the anodic current until it reaches the steady state (stage I)
2. Formation of uniformly distributed pores by chemical dissolution of the compact oxide layer by increasing the current (stage II)
3. Separation of interconnected pores into ordered nanotubes as a result of simultaneous growth of voids (stage III)

Nanotubes improve the bonding to the living bone cells (osetoconductivity and osteointegration) because these tubular structures can provide necessary fluids in spaces between tubes in similar ways to human bone growth [14].

Furthermore, the nanotubular layer provides high surface-to-volume ratio which gives more nucleation sites. This nanostructure also provides preferred sites for nucleation of HA [14].
Figure 7. Current density (A/cm$^2$) during TiO$_2$ nanotube formation as a function of time (s). Stage I: oxide barrier formation; stage II: pore nucleation; stage III: nanotubular oxide growth [20].

Ti samples were anodized in 0.5 M H$_3$PO$_4$ and 0.12 M NaF at 20 V for 45 minutes. Figure 8 shows the morphology of the nanotubes obtained at pH 2. The length of the nanotubes is about 400 nm and their diameter is about 100 nm.

4.2 Effect of alkaline treatment

In order to achieve more uniform HA coating with higher bond strength, the alkaline treatment can be used before deposition. It has been reported that alkaline pretreatment of titanium nanotubes develops a seconded nanostructure, sodium titanate rings around the neck of the nanopores [26].

Hydroxyapatite formation can be accelerated by introduction of sodium titanate layer when the samples are subjected to NaOH solution followed by heat treatment [27]. Various solutions of NaOH as a function of temperature were used to see which conditions give the best result before deposition.
Figure 8. SEM microstructure of an anodized Ti substrate with 20V potential for 45 minutes, a) side view, nanotube length ~ 400 nm, b) top view, nanotube diameter ~ 100 nm.

A. Kar et al. [20], mentioned that treating nanoporous titania in 0.5 M NaOH at 50 °C for 2 minutes has resulted in a better surface morphology with a distinct ring around the neck as compared to the other conditions. Sodium titanate rings form at 50°C because this temperature is the optimal precipitation temperature for this compound.

The formation of sodium titanate rings around the neck could enhance the bonding of HA to the substrate. This can be attributed to the higher pH inside the titania nanotubes which resulted in a better nucleation of HA crystals during electrodeposition. A SEM micrograph of an alkaline treated sample before HA deposition is shown in Figure 9. Figure 10 shows the EDAX analysis of the sodium titanate rings on titanium nanotubes.

4.3 Heat treated titanium nanotubes after anodization

Various types of surface modification methods have been investigated to further improve the bioactivity and biocompatibility of the titanium surface. One way for modification of the TiO$_2$ nanotubes to be carried out is heat-treatment. As-formed vertically aligned titania nanotube array is amorphous and can be transformed into anatase phase or a mixture of anatase and rutile phase by an annealing process.

As mentioned above, the as prepared TiO2 nanotubes are amorphous in nature but can be annealed (under oxidizing condition in air or oxygen) to change to anatase or
rutile. The significant conversion of nanotubes layers into anatase begins at around 280°C. With an increasing annealing temperature, anatase formation is enhanced. Above about 500°C, the rutile phase starts to appear, and with further increases in the annealing temperature the quality of rutile increases [27].

In addition, annealing affects the composition of the surface. As-formed nanotubes contain a significant amount of fluoride species. These species can be driven out to a large extent by annealing.
It is well established that anatase phase is more efficient in nucleation and growth of apatite than the rutile phase due to crystal lattice match with HA phase [26]. The crystal lattice information of these phases is provided here (Figure 11).

Hydroxyapatite, $Ca_{10}(PO_4)_6(OH)_2$: (Hexagonal) $a=9.41$ Å, $c=6.88$ Å, $Z=2$

Anatase: (Tetrahedral) $a=3.7845$ Å, $c=9.5143$ Å, $Z=4$

Rutile: (Tetragonal) $a=4.5937$ Å, $c=2.9587$ Å, $Z=2$

The heat treatment at different degrees results in the phase change of tubular oxide. Figure 12 shows the changes in titania crystal structure by annealing at different temperatures. In the beginning, after 280 °C, the surface converts to anatase phase and by heating to higher temperature, rutile phase is formed. The undesired effects that can occur in annealing are shown in Figure 13. Above 450 °C, some cracks formed at the tube walls.

Figure 11. Crystal structures of a) anatase, b) rutile phase.
Figure 12. Transition between TiO$_2$ phases at different temperatures.

Figure 13. SEM micrographs of nanotubes after annealing at 500 ºC for 2 hours, a) before deposition of HA, b) after electrodeposition of HA at constant potential.

In this work, the coating after anodization was amorphous and by annealing the sample it was crystallized to induce apatite. Heat treatment of the amorphous nanotubes by continuous heating to ~350 ºC for 2 hours produced an anatase crystal structure of TiO$_2$, shown in Figure 14- b, which is not much different from the as-anodized structure of Figure 14-a. No cracks are obviously observed at this temperature. These heat-treated coatings were then electrodeposited when the reference electrode was in the solution. The
Figure 14. SEM microstructures of TiO2 nanotubes, a) as anodized, b) after annealing to 350 ºC.

methodology is illustrated in Figure 15, and SEM images of the last results are also shown. After crystallization, nanocrystalline nanorods of HA were deposited such that they are vertically aligned to the surface. By comparison of these two results, we can see that the microstructure is finer on the anatase surface. The nanosized microstructure is a better match to bones. Therefore, by doing annealing we could achieve better bioactivity and osteoconductivity in vivo.

Figure 16 shows SEM microstructures of an annealed sample after deposition in different magnification (top view and side view pictures). In Figure 17, we can compare annealed and unannealed samples prior to the deposition. The deposited layer of HA is thicker for the annealed sample (~ 4µm) while the thickness without annealing is just about 1 µm. The EDAX analysis of the coated layer after annealing at 350 ºC is shown in Figure 18.
Figure 15. Methodology followed in presented approach.
Figure 16. SEM images for sample with annealing at 350°C for 2 hours before hydroxyapatite deposition; top views, a) 20k, b) 30K, c) 50k, d) 80k and side views, e) 45k, f) 15 k.
Figure 17. Side view images of Ti nanotubes after hydroxyapatite deposition, a) without annealing nanotubes, thickness is about 1 µm; b) annealed at 350°C for 2 hours, thickness is about 4 µm.
Figure 18. EDAX analysis of the deposited layer after annealing at 350°C.

Figure 19 shows the electrodeposition graphs (potential versus time) for annealed and unannealed samples. These are potential responses of the chronopotentiometry experiment (for the first step) and galvanostat (for the second step). The difference between these two graphs is related to the first step. The deposition is enhanced by electric field and electrodynamics flows. Therefore potential is the main electrodeposition parameter that can have effect on coating properties. The graph for annealed samples shows that we have more ions flow. This leads to more nucleation of HA and happened sooner.

According to Figure 19, the heterogeneous nucleation of hydroxyapatite is increased by annealing with a consequent increase in the number of particles involved in the process since the growth process is diffusion controlled.

As a result, with comparison SEM images and electrodeposition graphs, it is concluded that the formation of anatase phase can enhance hydroxyapatite nucleation and finer nanorods of HA are formed onto TiO$_2$ nanotubes and the nucleation process on real crystalline substrates enhances the surface properties [28].
Figure 19. Electrodeposition graphs for two samples, a) without annealing nanotubes, b) with annealing at 350 °C.
4.4 HA electrodeposition

Successful application of electrodeposition requires an understanding of the deposition mechanism. In electrolytic deposition, ions and complexes are hydrolyzed and by applying the electric fields are deposited on the substrates. This process can be explained by DLVO theory (Derjaguin-Landau-Verway-Overbeek), theory of colloidal stability, which considers two main forces, double layer repulsion and Van der Waals’s attraction. The thickness of the double layer is very sensitive to electrolyte concentration and there is a critical electrolyte concentration for deposition. Interaction could also be influenced by ion presence and electrode relations. Parameters such as applied current/potential, pH, temperature and time of deposition could have an effect on deposit morphology and crystal structure [29].

Figure 20 shows the cyclic voltammogram (CV) obtained in an electrolyte (1.67 mM K$_2$HPO$_4$+2.5 mM CaCl$_2$+0.15 M NaCl) for electrodeposition of calcium phosphate coating with a potential scan rate of 10 mV/s. A typical three electrode (working electrode, counter electrode, reference electrode) was used for the CV experiment to observe at which potential HA deposition onto TiO$_2$ will happen. NaCl was added to improve the ionic strength of the electrolyte.

![Figure 20. Cyclic voltammograms obtained in the deposition condition. The potential was scanned from 0.5 V to -2 V and back at 10 mV/s.](image-url)
During CV studies, the sample was polarized in the cathodic direction from 0.5 V (Ag/AgCl). Significant cathodic current was observed when the potential became more negative than -1.2 V. The cathodic current could be assigned to two kinds of reduction reactions in this electrolyte system:

1. Reduction of acid phosphate
   \[
   \begin{align*}
   2H_2PO_4^- + 2e^- & \rightarrow 2HPO_4^{2-} + H_2 \\
   HPO_4^{2-} + 2e^- & \rightarrow 2PO_4^{3-} + H_2
   \end{align*}
   \]

2. Reduction of hydrogen ion or water
   \[
   \begin{align*}
   2H^+ + 2e^- & \rightarrow H_2 \\
   2H_2O + 2e^- & \rightarrow H_2 + 2OH^-
   \end{align*}
   \]

In experimental conditions (pH~7), reactions 2 and 4 are dominate as a result of the applied cathodic current. A significant increase in current was observed at -1.2 V.

When sufficient hydroxyl ions are adsorbed on the surface, the deposition of HA takes place according to this reaction:

\[
10Ca^{2+} + 6PO_4^{3-} + 2OH^- \rightarrow Ca_{10}(PO_4)_6(OH)_2
\]

Different types of calcium phosphate structure could be deposited on the TiO\textsubscript{2} surface by cathodic polarization which depends on the pH condition. For example, in a relatively low pH condition HPO\textsubscript{4}\textsuperscript{2-} species are more stable in the solution. Consequently, brushite is expected for deposition according to this reaction:

\[
Ca^{2+} + HPO_4^{2-} \rightarrow CaHPO_4
\]

4.4.1 Electrodeposition at constant potential

For the electrodeposition, an electrochemical cell with three electrodes dipped in solution was used. CV studies clearly show a significant increase in current starts at -1.2 V (Figure 21). Therefore, deposition was carried out by applying different potentials (-0.8, -1.1, -1.2, -1.4 V). The solution was stirred during electrodeposition to have a uniform electrolyte concentration. Then, coated titanium was rinsed with distilled water and dried. Figure 21 shows the electrodeposition graphs at these different constant applied potentials. SEM images of these conditions are also shown in Figure 22. According to these results, it is clear that -0.8 V is not enough for deposition and a deposited HA layer was not obtained (Figure 17-a). The morphology of the HA deposited
Figure 21. Current versus time during the formation of hydroxyapatite by applying different constant potentials.

Figure 22. Morphology of amorphous calcium phosphate coating deposited at different constant potential without annealing,  a ) -0.8 V, 1800 sec; b) -1.1 V, 1800 sec; c) -1.2 V, 1800 sec; d) -1.4 V, 1800 sec.
layer is considered amorphous at constant potential condition. In Figure 23, top view and side view SEM images of the amorphous HA layer are shown and which are related to -1.4 V as an applied potential, which has relatively the best result in deposition.

Pulsed electrodeposition is a process using pulsed electrical current to reduce cations of a desired material from a solution and coat that material as a thin film onto a conductive substrate surface. Figure 5 shows the applied current for this process in our work. It has two steps, pulsed and constant current.

4.4.2 Pulsed electrodeposition

The deposition was carried out at high temperature to make a crystalline structure of hydroxyapatite. This relatively high temperature has an influence on the reference electrode potential. Therefore, we did deposition in two situations, reference electrode inside the solution where the reference electrode and the electrolyte have the same temperature, and in the second situation the reference electrode was outside of the solution to keep the reference electrode at room temperature. In the last situation, the potentiostat device was in the overloading condition. Figure 24 demonstrates these two experimental conditions.

![Figure 23](image.png)

Figure 23. SEM images after deposition of amorphous hydroxyapatite with constant potential (-1.4 V) at room temperature for 1800 sec, a) side view and b) top view of the deposited HA layer.
When the reference electrode was inside the solution (without overloading), the vertically oriented growth of calcium phosphate crystal has finer apatite crystallite size. It is known that nanosized apatite grains improve bioactivity and improve osteoblast functions [7], because the nanosize structure of HA is more matched to the bones. Therefore, without overloading (reference electrode inside the electrolyte) is the preferred situation (Figure 25).

Although electrodeposition without overloading (reference electrode was inside the solution) gives us the better result in structure, when the reference electrode was outside of the solution (with overloading) the potential is more significant due to changes in reference electrode potential by increasing solution temperature.

4.4.2.1 Pulsed deposition procedure (without overloading)

Table 2 shows the continuous SEM micrographs during the HA coating procedure that was electrodeposited onto the titanium nanotubes. These SEM images indicate...
Figure 25. Methodology of HA deposition in two conditions, reference electrode outside the solution (with overloading) and reference electrode inside the electrolyte (without overloading).
Table 2: SEM micrographs for samples during the pulsed deposition of hydroxyapatite at 80ºC with 50k magnification when the reference electrode was inside the solution.

<table>
<thead>
<tr>
<th>SEM images</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="SEM image" /></td>
<td>Nanoporous TiO2 layer formation on Ti substrate</td>
</tr>
<tr>
<td><img src="image2.png" alt="SEM image" /></td>
<td>A ring of sodium titanate is formed around the neck of the nanotubes</td>
</tr>
<tr>
<td><img src="image3.png" alt="SEM image" /></td>
<td>Nucleation of hydroxyapatite initiates in some ports of the samples from inside Ti nanotubes</td>
</tr>
<tr>
<td><img src="image4.png" alt="SEM image" /></td>
<td>The nucleation is completed and entire surface is covered by hydroxyapatite nucleate</td>
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</tbody>
</table>
Table 2 continued

<table>
<thead>
<tr>
<th></th>
<th>SEM images</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pulsed deposition after 100 cycles</strong></td>
<td><img src="image1" alt="SEM Image" /></td>
<td>An intermediate phase of hydroxyapatite is formed that is between nucleates and nanorods</td>
</tr>
<tr>
<td><strong>Pulsed deposition for 100 cycle+ constant current 15 minutes</strong></td>
<td><img src="image2" alt="SEM Image" /></td>
<td>Nanorods start growing</td>
</tr>
<tr>
<td><strong>Pulsed deposition for 100 cycle+ constant current 60 minutes</strong></td>
<td><img src="image3" alt="SEM Image" /></td>
<td>The growth is completed. Vertically aligned nanorods are formed.</td>
</tr>
</tbody>
</table>
mechanisms of the HA deposition. Deposition leads to the substrate’s coverage growth and determines the increase of layer thickness. After alkaline pretreatment, the nanopores are covered by sodium titanate rings. In case of coating deposition of short durations, only a nucleation process without crystal growth and an incomplete coverage of the substrate is observed. In the last picture, the coating contained vertically orientated nanorods of HA.

The side view of the deposited layer is shown in Figure 26. The thickness is about 1.45 µm. In Figure 27 we can see the whole procedure in lower magnification (30 k).

4.4.2.2 Pulsed deposition procedure (with overloading)

Figures 28 and 29 show the SEM micrographs in two magnifications, 20k and 50k, of the HA coating procedure where the reference electrode was outside of the solution. In this condition, the reference electrode’s temperature stays at room temperature.

In Figure 30, the deposited layer from the overloading condition is shown. Figure 30-a shows three different layers, Ti substrate, titanium nanotubes and HA nanorods. The thickness of the deposited layer is about 700 nm (Figure 30-b).

4.4.2.3 Pulsed electrodeposition at different temperature

Deposition took place at different temperatures without overloading (reference electrode was in the solution). At low temperatures diffusion will be limited. Changing temperature increases diffusion of particles that enhance the nucleation and growth process.

By deposition at higher temperature, the crystalline structure of hydroxyapatite was obtained and shown in Figure 31. Figure 32 and 33 show the effect of temperature. By comparing these two graphs, we can conclude that by increasing the temperature, we have more ion flow in the solution during deposition.
Figure 26. Side view of SEM images of the crystalline HA deposited layer on anodized titanium, thickness is about 1.45 µm.
Figure 27. SEM images with 30k magnification without overloading condition (reference electrode inside the solution) at 80°C, a) alkaline treated Ti nanotubes, b) after 10 cycles, c) after 50 cycles, d) after 100 cycles, e) after 100 cycles + 15 minutes constant current, f) after 100 cycles +60 minutes constant current.
Figure 28. SEM images with 20k magnification in the overloading situation (reference electrode kept at room temperature), a) as anodized Ti; b) after alkaline treatment; c) after 10 cycles; d) after 50 cycles; e) after 100 cycles; f) after 100 cycles + 15 minutes constant current.
Figure 29. SEM images with 50k magnification in the overloading situation (reference electrode kept at room temperature), a) as anodized Ti; b) after alkaline treatment; c) after 10 cycles; d) after 50 cycles; e) after 100 cycles; f) after 100 cycles + 15 minutes constant current.
Figure 30. SEM images for samples with repeating potential deposition at 80°C with overloading (reference electrode outside the solution); a) different layers (Ti substrate, Ti nanotubes, HA deposited layer); b) side view picture of deposited layer, thickness is about 700 nm.

Figure 31. SEM images of electrodeposited samples at different temperatures, a) 70 °C, b) 80 °C.
Figure 32. Potential versus time during the HA deposition at room temperature, in two steps. Step 1: Pulsing the current density for 100 cycles. Step 2: Constant current density for 1 hour.

Figure 33. Potential versus time during the HA deposition at 40°C, in two steps. Step 1: Pulsing the current density for 100 cycles. Step 2: Constant current density for 1 hour.
4.5 HA bond strength

4.5.1 Tensile test

The bond strength of HA coating on nonporous Ti substrate is very critical for implant applications as it has to withstand load-bearing situations of the bone. Failure of the implant occurs when the bonding between the Ti substrate and HA coating breaks. Therefore in the present work, we focused on improving the bond strength between deposited HA and Ti substrate. The strength of human bone is about 18 MPa. Consequently, the goal is to get higher bond strength than natural human bone. Table 3 shows the bond strength of the HA coating on Ti nanotubes in different annealing conditions. Annealing of Ti nanotubes at 350ºC in air atmosphere significantly increased the bond strength. Figure 34 provides the Instron data for annealed and unannealed samples.

Heat treatment of nanotubular TiO$_2$ could give us better cohesion. This increase in bonding strength could be attributed to a better nucleation for the hydroxyapatite crystals during electrodeposition on anatase phase of titania. Because the tensile strength of human bone is about 18 MPa [20], the fabricated coating of HA on titanium substrate will have higher bone strength than natural human bone.

<table>
<thead>
<tr>
<th>Sample</th>
<th>Interfacial bond strength (MPa)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Human bone</td>
<td>18</td>
</tr>
<tr>
<td>Deposited without annealing Ti nanotubes</td>
<td>15, 18</td>
</tr>
<tr>
<td>Deposited after annealing Ti nanotubes at 350ºC</td>
<td>27, 29</td>
</tr>
</tbody>
</table>
Figure 34: Instron data for, a) unannealed sample, b) annealed Ti nanotubes sample.
4.5.2 Scotch tape test

Adhesion refers to the bond (chemical or physical) between two materials which are next to each other and the required force to separate them completely [30]. The ASTM defines adhesion as the "condition in which two surfaces are held together by either valence forces or by mechanical anchoring or by both together."

Scotch tape test is a simple method for evaluating the adhesion of a coating to a substrate and was done for the samples without overloading (reference electrode in the solution). In this test, Scotch sealing tape is applied to and removed rapidly from the surface. Figures 35 and 36 show the SEM images before and after tape removal. After tape removal, the HA coating is still attached to the titanium substrate. We can conclude that the adhesion of the coating is enough to withstand the pressure from tape even after two removals. After two removals in some areas of the sample, we can see the titanium nanotubes (Figure 36-c).

4.6. XRD data

Figure 37 shows the XRD pattern for the deposited layer (hydroxyapatite) after annealing nanotubes at 350 °C. The XRD analysis indicates a texture morphology of the HA coating onto the anatase phase of titanium nanotubes because of preferential growth direction.

![Figure 35. SEM images for deposition without overloading at 80°C, a) before Scotch tape test, b) after Scotch tape test.](image-url)
Figure 36. SEM images for samples with repeating potential deposition at 80°C without overloading, a) before Scotch tape test, b) after first removal, c) after second removal.
Figure 37: XRD image of deposited layer (hydroxyapatite) onto the annealed nanotubes at 350°C.
CHAPTER 5

CONCLUSION

Surface engineering is one of the most important tools in improving the biocompatibility and introducing bioactivity of metallic implants. These implants are still the best option for load-bearing situations due to their excellent mechanical properties. Bone implant failure happens mostly due to poor osteointegration and inflammation. Recently, researchers have been focusing on improving the biocompatibility of surfaces like HA in order to obtain better results in bone implantations.

A simple electrochemical technique was developed to form a nanocrystalline hydroxyapatite coating on a titanium substrate by A. Kar [20]. This work suggested a biocompatible, crystalline HA coating on anodized titanium at 20 V for 45 minutes in an acidified solution. HA coating was deposited on titanium substrate by electrochemical method. Electrochemical deposition is a potentially attractive process for synthesizing bioceramic coatings from aqueous solutions on metallic implant surfaces.

In this thesis, a modification was introduced to the approach presented by A. Kar that will have lower failure rate by improving the interfacial bond strength between HA coating and the nanoporous titana surface.

In this work, initially, titanium nanotubes were fabricated on a flat titanium substrate by electrochemical anodization to produce ordered and stable nanoporous TiO_2 at 20 V for 45 minutes. Then heat treatment and alkaline treatment were done, respectively, before HA pulsed electrodeposition. Pulsed electrodeposition in simulated body fluid conditions resulted in HA nanocrystalline coating at 80°C. Deposition at higher temperature favors the formation of crystalline phase and increases the deposited amount.
The modification presented in this thesis is annealing the titanium nanotubes at 350°C to have crystalline anatase phase of TiO$_2$ on the surface for enhancing the nucleation and growth of HA deposition due to the crystal lattice match. Bond strength of HA deposition, relative to that of bone, significantly improved by annealing titanium nanotubes. In addition, after annealing, the coating morphology has finer crystalline structure of HA nanorods which have better bioactivity.

Consequently, in this thesis, we developed a modification method for improving electrodeposited HA onto nanoporous TiO$_2$ prior to the electrodeposition. The anodized nanotubes were heat-treated at 350°C for 2 hours in air atmosphere, and then they were electrodeposited in simulated body fluid. It is shown that heat treatment of nanotubular TiO2 could give us better cohesion and bioactivity.
CHAPTER 6

FUTURE WORK

Titanium and its alloys are being used as implant materials in many orthopedic and dental applications. The drawback of Ti implants is their poor osseointegration and osteoconductivity. To solve this problem, Ti is coated with hydroxyapatite (HA). This work suggests a modification for an innovative method for depositing crystalline HA nanotubular TiO$_2$. HA coating must have acceptable interfacial bond strength (more than 18 MPa, the normal tensile strength of the bone). The presented method for coating titanium nanotubes was previously modified by annealing nanotubes before HA deposition in order to have enough bond strength. The next step is evaluation of bioactivity of this surface.

Success of an implant also depends upon the biocompatibility and appropriate interaction such that bone cells should be able to proliferate and maintain the appropriate differentiation on the HA coating. To assess biocompatibility, human embryonic palatal mesenchyma (HEPM) cells should be applied to HA deposited titanium samples and placed in culture. HEPM are a well established experimental model for evaluating bone cell growth and proliferation on HA coating [31, 32].

Bones have four types of cells, osteoblasts, osteoclasts, osteocytes and bone lining cells. Among these cells, osteoblasts are responsible for bone formation.

In vivo osteoblasts derive from mesenchaymal stem cells. These cells are multipotent and can give rise to several other cell types. Osteoblastic differentiation includes preosteoblast, mature osteoblasts, bone lining cells and osteocytes. Alkaline phosphatase (ALP) is a membrane bound enzyme that is often used as a marker for osteoblastic
differentiation. This method could be used for the evaluation of cell maturation on Ti and HA coated surfaces. Cell viability and proliferation are other parameters that could be assessed, typically by using scanning electron microscopy as well as measuring mitochondrial dehydrogenase activity and total protein content [33].

Consequently, in future work, we should concentrate on growth characteristics and maturation of HEPM cells on HA coated Ti surfaces.
REFERENCES


